

AUGUST 2023

EL CAMINO REAL ACADEMY



Your cafeteria is managed by
Canteen of Central New Mexico

BREAKFAST

LUNCH

Monday

DAILY BREAKFAST SERVED WITH
1 CUP OF FRESH FRUIT
Lunch meals are served with a
salad bar and your choice of
low-fat flavored or white milk.
We use whole grain products.

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

APPLE FRUDEL
CORNDOG
FRENCH FRIES
APPLESAUCE

CINNI MINIS
CHICKEN NUGGETS
MIXED VEGETABLES
PEACHES
DINNER ROLL

BAGEL-FULS
BEEF TACO
PINTO BEANS
APRICOTS
FRESH SALSA
HS ONLY: CORN BREAD

PANCAKES MINI EGGO BITES
TUNA FIESTA
CARROT STICKS
PEARS
SUN CHIPS

YOGURT
NUTRI GRAIN
POSOLE W/CHICKEN
TATER TOTS
MIXED FRUIT
DINNER ROLL

COLD CEREAL
YOGURT
CHICKEN QUESADILLA
BROCCOLI
MANDARIN ORANGE
CHEX MIX CHEDDAR

MUFFINS
PIZZA
CARROT STICKS
FRESH FRUIT
CAKE

POP TART
BEAN & CHEESE BURRITO
BROCCOLI
PEACHES
FRESH SALSA

BAGEL-FULS
SCRAMBLED EGGS
Ham SLICED
HASH BROWNS
MANDARIN ORANGE
BISCUIT

APPLE FRUDEL
NACHOS SUPREME
PINTO BEANS
PINEAPPLE CHUNKS
TORTILLA
FRESH SALSA

COLD CEREAL
YOGURT
CHEESEBURGER
MIXED VEGETABLES
APPLESAUCE

PANCAKE MINI BREAKFAST BITES
CHICKEN ALFREDO
BROCCOLI
PEACHES
DINNER ROLL

BOILED EGG &
TOAST
SLOPPY JOE ON A ROLL
FRENCH FRIES OVEN
MIXED FRUIT

CINNI MINIS
LASAGNA WITH GROUND BEEF
MIXED VEGETABLES
PEARS
DINNER ROLL

BAGEL
CREAM CHEESE
CHICKEN RAMEN
CARROTS
MIXED FRUIT
DINNER ROLL

WAFFLES MINI EGGO BITES
CHILE CHEESE FRIES
PINTO BEANS
PINEAPPLE CHUNKS
DINNER ROLL

BANANA BREAD
CORNDOG
MIXED VEGETABLES
MANDARIN ORANGE

POP TART
CHICKEN ENCHILADAS CASSEROLE
PINTO BEANS
APPLESAUCE
HS ONLY: TORTILLA

APPLE FRUDEL
SALISBURY STEAK
POTATOES, AU GRATIN
PINEAPPLE CHUNKS
DINNER ROLL

COLD CEREAL
YOGURT
CHEF SALAD
CARROT STICKS
JELLO W/ FRUIT
BREADSTICKS

**DUE TO SHORTAGES, WE MAY
HAVE MENU CHANGES**