

JANUARY 2023

EL CAMINO REAL ACADEMY



Your cafeteria is managed by
Canteen of Central New Mexico

BREAKFAST **LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
		COLD CEREAL STRING CHEESE <i>FRENCH TOAST STICKS</i> SAUSAGE PATTIE HASH BROWNS CINNAMON APPLE SLICES	WAFFLE MINI EGGO BITES <i>BEEF TACO – HARD SHELL</i> PINTO BEANS PEARS TORTILLA	COFFEE CAKE <i>PIZZA</i> MIXED VEGETABLES MANDARIN ORANGES
CINNI MINIS <i>FIESTA BURRITO</i> GREEN BEANS PINEAPPLE CHUNKS	BLUEBERRY MUFFIN <i>STEAK FINGERS</i> CARROTS PEACHES DINNER ROLL	BREAKFAST PIZZA <i>CHICKEN TACOS - SOFT</i> PINTO BEANS APRICOTS SPANISH RICE	POP TART <i>NACHOS WITH CHEESE SAUCE</i> BROCCOLI APPLESAUCE TORTILLA	PANCAKE MINI BREAKFAST BITES <i>CHICKEN DRUMSTICKS</i> WHIPPED POTATOES MIXED FRUIT DINNER ROLL
MARTIN LUTHER KING JR DAY	COLD CEREAL STRING CHEESE <i>FIESTA BURRITO</i> CARROT STICKS MIXED VEGETABLES MANDARIN ORANGES	BANANA BREAD <i>TERIYAKI CHICKEN BOWL</i> BROCCOLI SIDEKICKS BROWN RICE	BREAKFAST PIZZA <i>CHICKEN NUGGETS</i> BAKED BEANS MIXED FRUIT BISCUIT	CINNI MINIS <i>CHICKEN PARMESAN</i> FRENCH FRIES PEARS GARLIC BREAD
POP TART <i>SALISBURY STEAK</i> WHIPPED POTATOES APPLESAUCE DINNER ROLL	BREAKFAST COMBO BAR TORTILLA <i>BEEF TAQUITOS & POSOLE PORK</i> PINTO BEANS PINEAPPLE CHUNKS	BAGEL-FULS <i>PIZZA</i> CAPRI BLEND VEGETABLES CINNAMON APPLE SLICES COOKIE	ENGLISH MUFFIN SANDWICH <i>ORANGE CHICKEN</i> CARROTS MIXED FRUIT BROWN RICE	NUTRIGRAIN BAR YOGURT <i>MEATBALLS IN BROWN GRAVY</i> BROWN RICE BROCCOLI PEACHES
BAGEL-FULS <i>CHILE CHEESE DOG</i> PEACHES CORN	FRENCH TOAST STICKS <i>PIZZA</i> MIXED VEGETABLES APPLESAUCE	<p>Breakfast is served with fresh fruit daily. All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily. DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR AND MAY HAVE MENU CHANGES DUE TO SHORTAGES.</p>		

Monday

Tuesday

Wednesday

Thursday

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