

FEBRUARY 2023

EL CAMINO REAL ACADEMY



Your cafeteria is managed by
Canteen of Central New Mexico

BREAKFAST

LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday



CINNI MINIS

6

HOAGIE SANDWICH
CARROT STICKS
MANDARIN ORANGES

APPLE FRUDEL

13

HOT DOG ON A BUN
FRENCH FRIES
PINEAPPLE CHUNKS



20

WAFFLE MINI EGGO BITES

27

TAMALES - RED CHILE
SHREDDED CHEDDAR
PINTO BEANS
PINEAPPLE CHUNKS



BAGEL & CREAM CHEESE

7

NACHOS SUPREME
PINTO BEANS
CANTALOUPE
TORTILLA

BREAKFAST COMBO BAR

14

PIZZA
GREEN BEANS
SIDEKICKS
BROWNIES

NUTRIGRAIN BAR
YOGURT

21

CHICKEN PATTIE ON A BUN
BROCCOLI
MANDARIN ORANGES

CINNI MINIS

28

BBQ RIBETTE
PEARS
CARROTS

POP TART & YOGURT

1

FRITO PIE
CARROT STICKS
ORANGES
DINNER ROLL

BREAKFAST PIZZA

8

SPAGHETTI AND MEAT SAUCE
APRICOTS
GREEN BEANS
BREADSTICKS

BLUEBERRY MUFFIN

15

CHICKEN FAJITAS
PINTO BEANS
ORANGES
SPANISH RICE

BREAKFAST COMBO BAR
TORTILLA

22

CHEESE ENCHILADAS - RED
PINTO BEANS
MIXED FRUIT
SPANISH RICE

PANCAKE WRAP

2

BEEF TACOS - HARD SHELL
PINTO BEANS
CINNAMON APPLE SLICES
TORTILLA

ENGLISH MUFFIN SANDWICH

9

TORTILLA BURGER
BROCCOLI
PINEAPPLE CHUNKS
SUN CHIPS

PANCAKE MINI

16

BREAKFAST BITES
POPCORN CHICKEN
CARROTS & BROCCOLI
ICE DOG
DINNER ROLL

MUFFINS ASSORTED

23

MINI BURGERS
FRENCH FRIES
PEARS

BLUEBERRY MUFFIN

3

CHICKEN NUGGETS
BROCCOLI
FRESH FRUIT
DINNER ROLL

COLD CEREAL & STRING CHEESE

10

FRENCH TOAST STICKS
HASH BROWNS
SAUSAGE PATTIE
FRESH FRUIT

17

COLD CEREAL
STRING CHEESE

24

GRILLED CHEESE SANDWICH
CARROTS & GREEN BEANS
JELL-O WITH FRUIT

Breakfast is served with fresh fruit daily.
All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.
DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR AND MAY HAVE MENU CHANGES DUE TO SHORTAGES

Monday

Tuesday

Wednesday

Thursday

Friday



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