

DECEMBER 2022

EL CAMINO REAL ACADEMY



Your cafeteria is managed by
Canteen of Central New Mexico



BREAKFAST



LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast is served with fresh fruit daily.
All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.
DUE TO COVID-19: YOUR SCHOOL MAY NOT HAVE A SALAD BAR AND MAY HAVE MENU CHANGES DUE TO SHORTAGES

BAGEL & CREAM CHEESE

5

CHICKEN NUGGETS
CARROTS
PEACHES
CHEESE ITZ

ENGLISH MUFFIN SANDWICH

6

MACARONI AND CHEESE
MIXED VEGETABLES
PEARS
DINNER ROLL

PANCAKE WRAP

7

CHICKEN FAJITAS
PEACHES
CORN
SCOOBY SNACKS

CINNI MINIS

8

BEEF TAQUITOS
PINTO BEANS
APPLESAUCE

MUFFINS ASSORTED

9

PIZZA
BROCCOLI
PINEAPPLE CHUNKS

NUTRIGRAIN BAR & YOGURT

12

FIESTA BURRITO
GREEN BEANS
MIXED FRUIT

POP TART

13

TAMALES WITH RED CHILE
WHIPPED POTATOES
PINEAPPLE CHUNKS
SHREDDED CHEDDAR

BREAKFAST PIZZA

14

CORN DOG
CARROTS
MIXED FRUIT

COLD CEREAL & STRING CHEESE

15

COOK'S CHOICE

WAFFLE MINI EGGO BITES

16

CHEESEBURGER
BAKED BEANS
CINNAMON APPLE SLICES

19

20

21

22

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30