

BREAKFAST

LUNCH

NOVEMBER 2021

EL CAMINO REAL ACADEMY



Your cafeteria is managed by
Canteen of Central New Mexico

Monday

NUTRI GRAIN YOGURT **1**

BEEF TAQUITOS
BROCCOLI
SIDEKICKS

POP TART **8**

BBQ RIBETTE
POTATOES, AU GRATIN
APRICOTS

COLD CEREAL STRING CHEESE **15**

CORNDOG
MIXED VEGETABLES
APRICOTS

22

APPLE BOSCO STICK **29**

FRITO PIE
CORN
APPLESAUCE
DINNER ROLL

Tuesday

BAGEL-FULS **2**

STEAK FINGERS
PINTO BEANS
CANTALOUPE
CHEX MIX CHEDDAR

BREAKFAST BURRITO **9**

NACHOS SUPREME
PINTO BEANS
CINNAMON APPLE SLICES
TORTILLA

PANCAKE WRAP **16**

MINI BURGERS
CARROTS
PINEAPPLE CHUNKS

23

MUFFINS **30**

MAX CHEESE STICKS
MARINARA SAUCE
BROCCOLI
MIXED FRUIT

Wednesday

COLD CEREAL STRING CHEESE **3**

FRITO PIE
CORN
PEACHES
GOLDFISH CRACKERS

PANCAKES MINI EGGO BITES **10**

LASAGNA W/MEAT SAUCE
MIXED VEGETABLES &
CARROT STICKS
MIXED FRUIT
BREADSTICKS

NUTRI GRAIN YOGURT **17**

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT

24

Thursday

MUFFINS ASSORTED **4**

HAMBURGER ON A BUN
CARROTS
PINEAPPLE CHUNKS

11

CINNI MINIS **18**

POPCORN CHICKEN
BAKED BEANS
APRICOTS
DINNER ROLL

25

Friday

BREAKFAST BOSCO STICKS **5**

PIZZA
CAPRI BLEND
FRESH FRUIT

APPLE FRUDEL **12**

EGG ROLLS
BROCCOLI
PEARS

BAGEL-FULS **19**

PIZZA
BROCCOLI
PEACHES

26

DAILY BREAKFAST SERVED WITH 1 CUP OF FRESH FRUIT

All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.

DUE TO COVID-19, YOUR SCHOOL MAY NOT HAVE A SALAD BAR

