



**El Camino Real
Academy**
FAMILY NEWSLETTER
January 29, 2021



WELCOME

Hello ECRA families!
Another month has quickly gone by. Here are updates and information for February. Please contact the school at 505-314-2212 if you have any questions or concerns.

IMPORTANT DATES

- February 1- NWEA make-ups continue
- February 4- HOWL Assembly
- February 11- Valentine celebrations
- February 12-15- President's Day Break-
No School
- February 25- Progress Notes sent out
- February 25- Literacy Night

ALL EVENTS/MEETINGS ARE VIRTUAL



SECONDARY AFTERSCHOOL CLUBS

The deadline for secondary afterschool club's registration has been extended to Wednesday, February 3rd. Here are the links to the flyers with more information:

English: <http://elcaminorealacademy.com/wp-content/uploads/2021/01/Secondary-Afterschool-Clubs-Flyer-2021-1.pdf>

Spanish: http://elcaminorealacademy.com/wp-content/uploads/2021/01/Secondary-Afterschool-Clubs-Flyer-2021_Spanish.pdf



CARE FOR YOURSELF

You may experience increased stress during this pandemic. Fear and anxiety can be overwhelming and cause strong emotions. It's important to take care of your family and friends, but it should be balanced with care for yourself. Click this link to read the rest of this article for tips on caring for yourself in one small way each day:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/stress-coping/care-for-yourself.html>



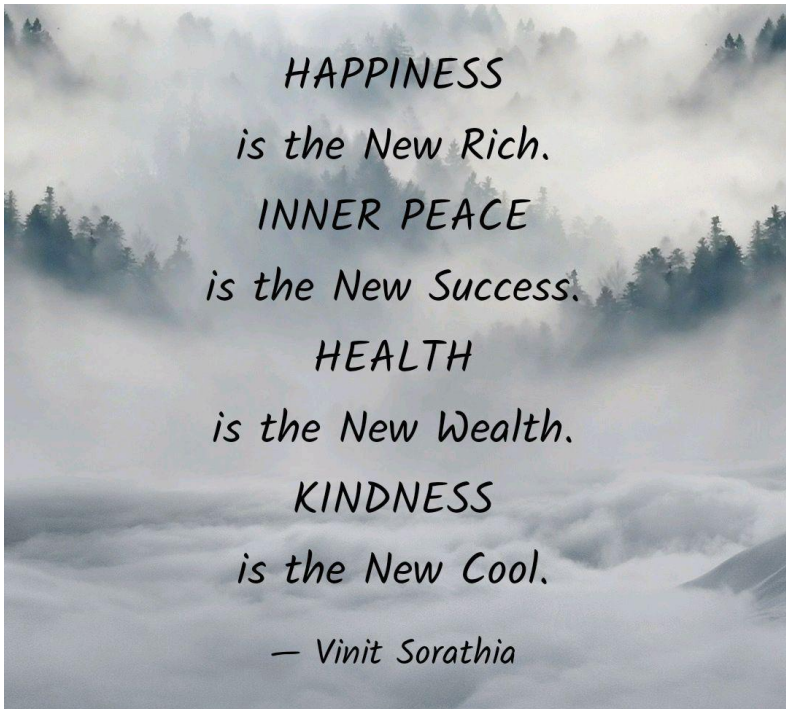
ONLINE BOOKS



Below is a link to some online books from the International Children's Digital Library. There are many books available in different languages. Some books contain both English and

Spanish. There are many titles to choose from and some students may need help navigating the website. We hope you enjoy this site!

<http://en.childrenslibrary.org/>



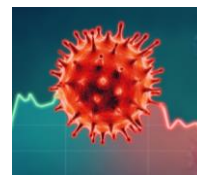
FREE VIRTUAL EVENTS

Click on the images below to find out more about some upcoming virtual events in Albuquerque. ECRA does not sponsor these events.

[Free 60-Minute Virtual Online Relaxation Yoga with Sita](#)



[How To Improve Your Focus and Limit Distractions](#)



If any family has a positive case of COVID-19, please contact Brenda Garcia or Jennifer Mercer at 505-314-2212 as soon as possible.

ECRA is required to report cases to the New Mexico Public Education Department. Thank you for helping us keep everyone safe!

